

## CanMEDS Scholarly Skills and Confidence Self-Assessment

Name:

Date Completed:

Please rate your confidence/skill level for the following activities on a scale of 1 to 10.

1. Your ability to recognize **knowledge gaps** during clinical encounters?

not at all confident	1				5							10	totally confident

2. Your ability to develop **focused questions** to address knowledge gaps?

not at all confident	1				5							10	totally confident

3. Your ability to find **scholarly sources** to answer a professional question?

not at all confident	1				5							10	totally confident

4. Your ability to identify the **validity and risk of bias** within scholarly resources?

not at all confident	1				5							10	totally confident

5. Your ability to **translate and apply the results** of a study into your professional practice?

not at all confident	1				5							10	totally confident

6. Your ability to **identify the potential areas where you could improve or learn?**

not at all confident	1				5							10	totally confident

7. Your ability to develop and use a **personal learning plan?**

not at all confident	1				5							10	totally confident

8. Your ability to conduct **quality improvement activities** in practice?

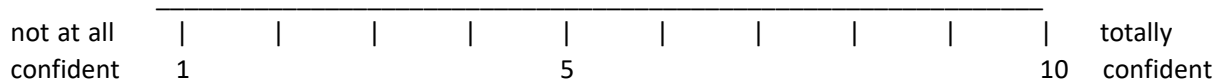
not at all confident	1				5							10	totally confident

9. How confident are you when presenting at **Journal Club** meetings?

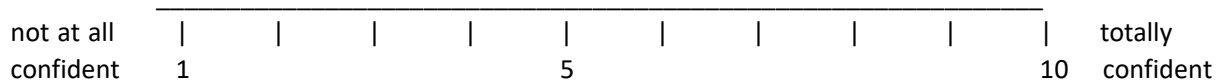
not at all confident	1				5							10	totally confident

10. Your ability to create:

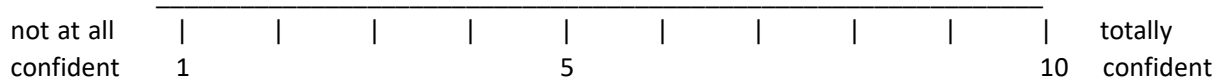
a. PowerPoint presentations



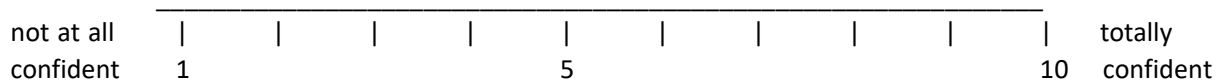
b. Abstracts (ex. for conferences)



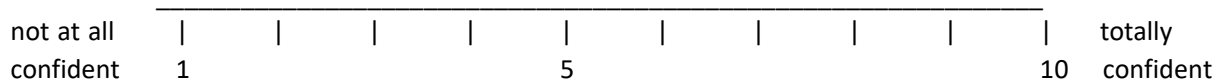
c. A research paper (writing)



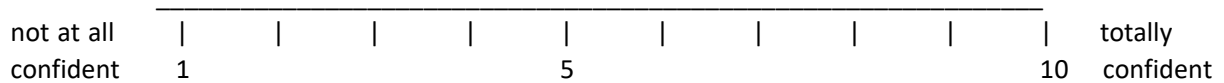
11. Your ability to communicate scholarly findings to patients?



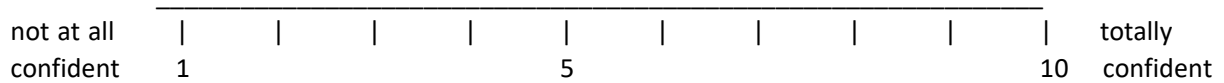
12. Your ability to lead a research project?



13. Your ability to develop a research question?



14. Your ability to discuss the ethical principles within health-related research?



Tips on how to use this tool:

- 1) A diagnostic tool for the learner early on in training to identify gaps in skills needed to be a scholar
- 2) An evaluation tool; use prior to a learning activity and after the session
- 3) As part of a personal learning plan

Generally, the more confident the learner feels in their ability, the more likely they are to be able to carry out the tasks.